



News Advisory

NEPAL MEDIA CONTACT:

Ms. Radha Paudel

Founder/, Global South Coalition for Dignified Menstruation

+977 9849596298; 9840964904

Dignifiedmenstruation2019@gmail.com, rpauldel456@gmail.com

U.S. MEDIA CONTACT:

Cyan Pei Clardy

Associate Director of Global Advocacy Operations, AHF

+1 323.308.1827 (Ext 51827) (office)

Email: Cyan.Clardy@ahf.org

Deepak Dhungel,

Regional Advocacy and Marketing Manager - Asia Bureau, AHF

+977 9851075322 (Nepal)

Deepak.Dhungel@ahf.org

Join Hybrid Press Conference on 4th International Dignified Menstruation Day – December 8, 2022

Kathmandu, Nepal (November 25, 2022) To commemorate the 4th International Dignified Menstruation Day (IDM Day) during the 16 Days of Activism against Gender-based Violence (Nov. 25 thru Dec. 10), the Global South Coalition for Dignified Menstruation ([GSCDM](#)), Radha Paudel Foundation ([RPF](#)), in partnership with the AIDS Healthcare Foundation ([AHF](#)), will hold a hybrid (virtual and in-person) press conference on Thursday, December 8, 2022. GSCDM/RPF and AHF urge all governments, UN agencies, and stakeholders to commemorate this day and promote Dignified Menstruation for all people who menstruate globally.

This year, nearly 60 countries worldwide will celebrate the 4th IDM Day under the theme **“Dignified Menstruation for Ending Child Marriage.”** In Nepal, government agencies, stakeholders, and academia in all seven provinces will commemorate IDM Day by conducting various programs focused on Dignified Menstruation.

More than 200 participants from around the world are expected to attend the joint GSCDM/RPF-AHF hybrid press conference, where Terri Ford from AHF, Mon Sry Ka (AHF Cambodia), Jullian Eleina Palmario Tumbali (AHF Philippines), Anahi Rodriguez from Mexico, Bridget from Uganda, Jamil Kigenyi from Uganda, Yeanoh Rukoh Bai Kamara and Tity Memunatu Sannoh from Sierra Leone will be speaking at the event. Ms. Radha Paudel, an expert on Dignified Menstruation, will share the urgency of Dignified Menstruation to end GBV. GSCDM/RPF will also use the press conference to announce the winners of the global Video Competition and Nepal’s Media Call. In addition, dedicated campaigners will be honored with a certificate.

- **WHAT:** 4th International Dignified Menstruation Day Conference (hybrid) with the participation of women, girls, advocates, policy-level people, and partners/donor representatives from the Global South for joint advocacy on Dignified Menstruation.
- **WHEN:** Thursday, **December 8, 2022 at 10:30 a.m.**
- **WHERE:** Kathmandu, Nepal (Mogul Media, New Baneshwor)
- **WHO:**
 - GSCDM and its members (from more than 50 countries)
 - Radha Paudel Foundation (RPF) (secretariat for GSCDM)
 - AIDS Healthcare Foundation ([AHF](#)) and [Girls Act](#)

Similarly, on the 4th IDM Day, the Sri Lanka Chapter of GSCDM will conduct a virtual conference under various thematic areas, such as Dignified Menstruation, menstrual hygiene, taxation, waste management, education, physical resources, climate justice, Dignified Menstruation and law, menstrual discrimination, economic development, and political participation. Leaders and activists will also present papers based on these themes. Likewise, the Africa Chapter of GSCDM will be marking the 4th IDM Day for the 1st time in their region with the activities like an engaging media house to advocate for Dignified Menstruation at hospitals, schools, and the community level.

Statements related to menstruation made by public and policy-level figures and activists:

- *“AHF is committed to supporting people who menstruate globally and ending ‘period poverty’ through our advocacy efforts in all countries where we work through our menstrual health initiatives and empowerment programs like AHF’s Girls Act. We’re proud to support International Dignified Menstruation Day, which is vital for ending stigma surrounding menstruation and helping everyone who menstruates reach their full potential,”* said **Terri Ford**, Chief of Global Advocacy & Policy, AIDS Healthcare Foundation
- *“AHF actively works toward changing harmful social norms around periods while educating communities about better menstrual health practices. We highlight Menstrual Health every year and advocate to end the stigma on menstruation,”* said **Dr. Sarath Chhim**, Asia Bureau Chief, AIDS Healthcare Foundation.
- *“To say NO to child marriage, Say NO to Menstrual Discrimination. It is a missing driver for child marriage globally. It’s high time to initiate “Dialogue on Dignified Menstruation”* said **Ms. Radha Paudel**, Founder, Global South Coalition for Dignified Menstruation.

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RADHA PAUDEL FOUNDATION (RPF), Nepal informally started to work since 2016 and officially registered in 2017 under the government (167502/74 and 46619 in Social Welfare Council). The VISION of the RPF is emancipation for menstruators from poverty, injustices, discrimination. To learn more about **RPF**, please visit our website: <https://www.radhapaudelfoundation.org/>, find us on Facebook: <https://www.facebook.com/radhapaudelfoundation> and follow us on Twitter: https://twitter.com/foundation_rp and Instagram: https://www.instagram.com/radha_paudel_foundation/

Global South Coalition for Dignified Menstruation (GSCDM)’s mission is to dismantle institutional, structural, interpersonal, and social oppressive systems in place affecting menstruation, individuals who menstruate, and their ability to access basic inalienable human rights, critical resources to lead happy, and healthy lives, and obtain dignity. We strive to unite organizations, and individuals who share our vision of reclaiming dignity for everyone during menstruation and aim to transform the menstruation movement to center dignity. To learn more about **GSCDM**, please visit our website: <https://dignifiedmenstruation.org/>, find us on Facebook: <https://www.facebook.com/DignifiedMenstruation> and follow us on Twitter: <https://twitter.com/GlobalSouthDM> & Instagram: <https://www.instagram.com/explore/tags/globalsouthcoalitionfordignifiedmenstruation/>

AIDS Healthcare Foundation (AHF) is a global non-profit organization providing cutting-edge medicine and advocacy to over 1.5 million people in 45 countries worldwide in the US, Africa, Latin America/Caribbean, the Asia/Pacific Region, and Europe. We are currently the largest non-profit provider of HIV/AIDS medical care in the world. To learn more about AHF, please visit our website: www.aidshealth.org, find us on Facebook: www.facebook.com/aidshealth and follow us on Twitter: [@aidshealthcare](https://twitter.com/aidshealthcare) and Instagram: [@aidshealthcare](https://www.instagram.com/aidshealthcare)