



**“State of free from any forms of stigma, restrictions, discrimination, abuses and violence associated with menstruation”**

**Global South Coalition for Dignified Menstruation**

**Program Schedule**

**2nd International Dignified Menstruation Day (8 December 2020)**

**&**

**International Workshop on Dignified Menstruation 2020 (8-10 December 2020)**

**Pre-registration online available from 23<sup>rd</sup> November 2020**

<b>Time</b>	<b>Activities</b>	<b>Remarks</b>
<b>First Day, Tuesday: 8 December 2020</b>		
8.15-8.30	Coffee Online – Checking connection/Tech support Housekeeping Sign Language will be available for all sessions	Bring your coffee and check your connection
8.30-9.50	<b>Putting dignity at the centre: 80 minutes</b> Kamala Bhasin, India (keynote speaker) 1. Myanmar 2. Tanzania 3. USA 4. Nepal	<b>Close Group only</b>
<b>Break: 10 Minutes</b>		
<b>10.00-11.30</b>	<b>Formal Inauguration: Lead by Government, Ministry of Women, Children and Senior Citizen</b>	<b>Open or Facebook Live</b>
	National Anthem	
	Nepal	
	Uganda	
	Indonesia	
	UK	
	Book Launch: <b><i>Dignified Menstruation, A Practical Handbook</i></b>	
	National Human Right Commission	

<b>Second Day, Wednesday: 9 December 2020</b>		
8.10-8.30	Movie- Dignity	<b>English Sub Title</b>
8.30-9.50	<b>Dignity is key for psychosomatic development</b>	
	<ul style="list-style-type: none"> <li>1. USA</li> <li>2. Australia</li> <li>3. Nepal</li> </ul>	
<b>Break: 10 minutes</b>		
10.00-11.20	<b>Menstrual dignity across the lifecycle: Puberty to menopause</b>	
	<ul style="list-style-type: none"> <li>Austria</li> <li>UK</li> <li>India</li> <li>Nepal</li> <li>Nepal</li> </ul>	
<b>Break: 10 minutes</b>		
11.30-12.50	<b>Menstruation and multiple pandemics</b>	
	<ul style="list-style-type: none"> <li>USA</li> <li>Austria</li> <li>India</li> <li>Nepal</li> <li>Korea</li> </ul>	
12.50-1.00	<b>Closing of the second day</b>	
<b>Third Day, Thursday: 10 December 2020</b>		
8.15-8.30	Songs, Poems, documentaries focusing on dignified menstruation	
8.30-9.50	<b>Is Menstrual dignity of political interest?</b>	
	<ul style="list-style-type: none"> <li>Italy</li> <li>Nepal</li> <li>Australia</li> </ul>	
<b>Break: 10 minutes</b>		
10.00-11.20	<b>An old Call – New Actions? What should we stop? Do differently? Do better? (Online survey will use)</b>	
	<ul style="list-style-type: none"> <li>It would go either country or region, will decide later</li> <li>Australia</li> <li>Myanmar</li> <li>Chile</li> <li>Brazil</li> <li>Philippines</li> <li>USA</li> <li>UK</li> <li>Nepal</li> <li>India</li> <li>Uganda</li> <li>Indonesia</li> </ul>	

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	Interactive discussion with all conference participants	
<b>Break: 10 Minutes</b>		
<b>11.20-12.20</b>	<b>Closing- Lead by Government, Ministry of Women, Children and Senior Citizen</b>	
	Display three days activities / highlights through pictures	

**UPDATED: 12 November 2020**