



“State of free from any forms of stigma, restrictions, discrimination, abuses and violence associated with menstruation”

Global South Coalition for Dignified Menstruation

2nd International Dignified Menstruation Day

&

International Workshop on Dignified Menstruation 2020 (Virtual)

Dignified Menstruation (DM) is the holistic approach to revisit ourselves for prevention of SGBV, improving SRHR, leaving no one behind and promotion of human right. Therefore, rigorous discussion requires to revisit our policies, plans and activities across the globe because menstruation is complex and multifaceted issue. This conference aims to bring all stakeholders from across the globe and build common understanding on DM for movement building all around the globe. It is also a building on of the outcome of International Conference on DM amid COVID-19, Pandemic (virtual).



Date: 8-10 December 2020

Objectives: To understand the menstruation through the perspective of power construction, analyse the impacts of power on various aspect of the menstruators and their surrounding throughout the life and magnify the campaign on dignity during menstruation at all level and sectors.

Slogan: *‘Menstrual Talk, Dignity First’*

Participation: This event is organized by Ministry of Women, Children and Social Welfare where the National Human Right Commission and Global South Coalition/Radha Paudel Foundation are co-organizers. This is open for all walks of lives including policy makers, researchers, practitioners, activists etc. from government, universities, development organizations, private sectors, donors etc. We sincerely welcome your support and partnership to be part of this movement of DM in conference and beyond.

Themes:

- ✓ Stigma, Discrimination: Menarche, Menopause and beyond
- ✓ Breaking the taboos- GBV and mobility from Kitchen to the parliament
- ✓ Menstruation, Mental Health and Sexual and Reproductive Health Rights
- ✓ Dignity in Discourse and Media
- ✓ Dignity in Funding and Research
- ✓ Dignity in Menstrual Products and Processes
- ✓ Dignity for Marginalized Menstruators and SDGs
- ✓ Dignity in Humanitarian Setting, and COVID-19, Pandemic
- ✓ Advocacy: Engaging boys and Men



Support and Partnership: Since the '2nd International Dignified Menstruation Day' too, encourage to support for mark 8 Dec as a day of 16 days activism, branding, develop the conference materials, social media, IT support, translations, support for scholarships for registrations, transportations, reporting, publication etc.



You also have opportunity to support local levels for venues, materials, transport, campaign support etc.

Contact Details:

1. Anna Soetomo, Founding member, Indonesia, annasoetomo@gmail.com
2. Anupa Regmi, Founding member, Nepal, regmianupa17@gmail.com
3. Esther Kyazike Founding member, Uganda, kyazikestar@hotmail.com
4. Mili Adhikari, Founding member, USA, tadhikari@berkeley.edu
5. Pefi King, Founding member, Oceania Region, pefikingimasse@gmail.com
6. Radha Paudel, Founder, Global South Coalition for Dignified Menstruation, dignifiedmenstruation2019@gmail.com

For resources and other information, visit: <https://dignifiedmenstruation.org/>

